## Practice:

- 4 days a week (M, T, Th, F) at the start of the school year until the end of the season.

A Saturday practice may be added to make up for a practice cancelled due to weather, to prepare for a Sunday game etc.

- We will never hold practice on Wednesday. Wednesday is reserved for Religious Education.

-Practice will be held 6-8. As Fall approaches and the sun sets earlier we will move practice times up to utilize sunlight.

## Games:

- The season generally starts in middle of August and games run every weekend through October, with playoffs following into November.

- There are 8 regular season games and up to 4 additional playoff games, dependent upon each football team's advancement.

- Games are played on either Saturday or Sunday, at all home and away games, in good weather and bad.